# Skateaway The Family Fun & Sports Center







## **Roller Skating Lessons**

#### **Saturday**

Time: 10:00 - 11:00 am Cost: \$7.00

Roller Skating Coaches: Kathy & Rick

Lesson Includes: Class, Basic Instruction & Skate rental for all skating levels.

Learn: Falling, Balance, Scissors, T-Start, T-Stop, Crossing, Backwards, Timing, Games, Etc.

Don't forget to stay after your lesson for public skating from 11:00 am - 1:00 pm!

Classes Taught BY USARS Certified Coaches
Private Lessons Also Available
Ask For More Info. At The Office!
Coaches: Kathy & Rick

### **Beginner Speed/Inline & Roller Skating Lessons**

Coaches: Kelly Archie Website: www.sosspeed.com

#### Wednesday from 5:00 - 6:00 pm Cost: \$7.00

Speed Coach: Kelly Archie Roller Skating Coaches: Kathy & Rick
Lesson Includes: Class, Basic Instruction & Skate rental if needed.
Learn: Falling, Balance, Edges, Technique, Timing, Games, Etc.
Don't forget to stay after your lesson for Public Skating from 6:00 – 9:00 pm!
Both Lessons are for all ages, you are never too old to learn how to skate!
Feel free to wear protective equipment for your safety, Helmet, Elbow Pads & Knee Pads!

Admission Price includes skates and session following the lesson time.

